

# LEARNER GUIDE



## Work Safely at Heights

Training support material for:

CPCCCM2012 – Work safely at heights

Produced by:



# Contents

Introduction to work safely at heights	5
Safety at work	11
Working at heights	37
Hierarchy of prevention of falls	59
Step 1 – Work on the ground	63
Step 2 – Passive fall prevention devices	71
Step 3 – Work positioning systems	89
Step 4 – Fall arrest systems	95
Step 5 – Ladders and administrative measures	149
Clean up	165
Acknowledgements	4

# Introduction to Work safely at heights



## What is working safely at heights?

There are lots of dangers when you work at heights. Every year lots of people are injured or killed. Some injuries are from people falling. Some are from people dropping tools or equipment on other people below.

In this course you will learn the risks (dangers) of working at heights. You will learn the best way to control the risk to make sure everyone is safe.



# Safety at work



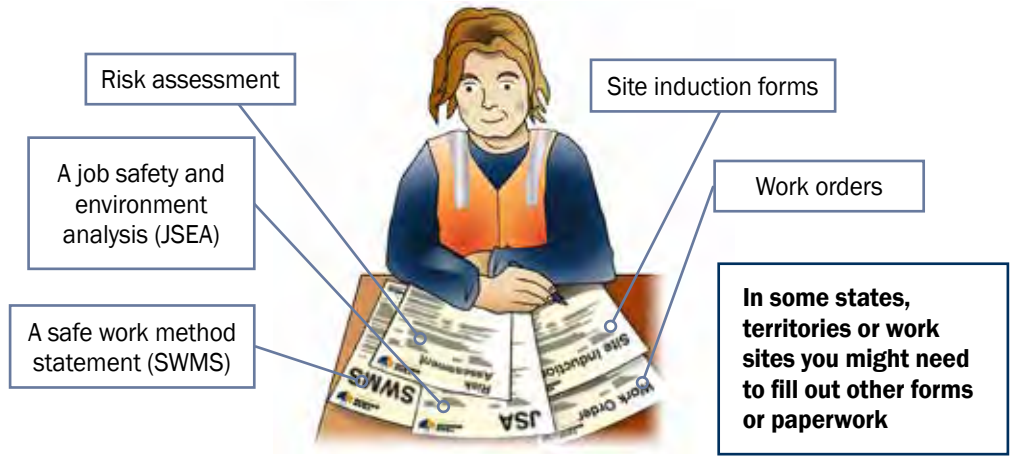
**QUESTION 3**

What can happen to an employer or employee who fails their duty of care?

The government can take you to court and fine or imprison you.

**QUESTION 4**

Before you start work on a site, what paperwork might you need to fill out?



**QUESTION 12**

You are starting work on a new site you haven't been to before.

Where can you find information about the site and any hazards?

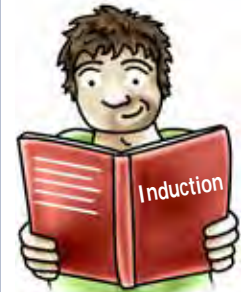
Talking to the power, water and gas companies



Talking to workmates



Reading the induction information



Looking around the site itself



WHS/OHS representatives, safety officer or site engineers



Checking the site rules with your supervisor or team leader



**QUESTION 18**

Personal protective equipment (PPE) helps protect you from getting hurt.

What are some examples of PPE you might wear?





**QUESTION 21**

You are working on the ground.

What are some safe ways to move or lift equipment to the work area?

Use hand trolleys



Use rollers



Use jacks



Use forklifts



Get people to help with heavy objects



**QUESTION 23**

Risk means how likely it is somebody may be hurt or killed by a hazard.

What questions do you need to ask when assessing the risk?

What controls are in place?



Do the controls work?



Can you do it a safer way?



# Working at heights



## Working at heights

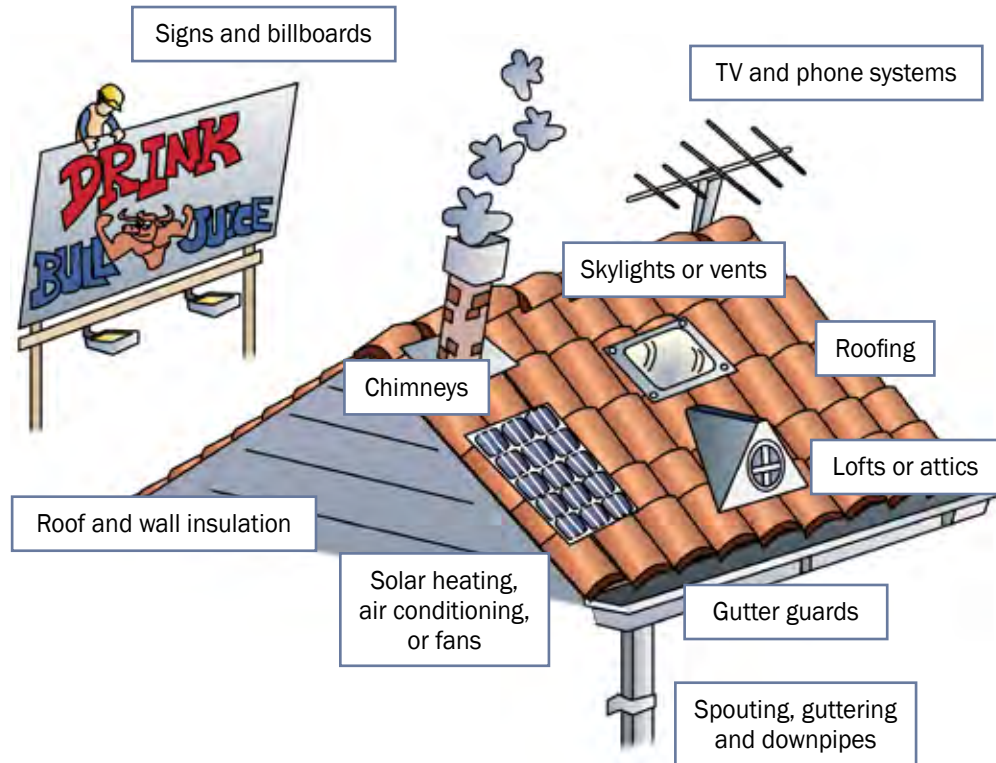
Every year many people are hurt or injured while working at heights. The biggest risks are falls, or tools and equipment being dropped on someone.

This section explains the types of work people do at heights. It also explains the types of hazards and controls you must think about when working at heights.



**QUESTION 24**

Lots of items need to be put up or fixed at heights. What are some of these?



**QUESTION 25**

What are some other types of work people might do at heights?

Pest control



Prune trees or shrubs



Painting, plumbing or electrical work



Building and construction

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